

Rices

Vegetable & Tofu Option 12.50

- *  **20. Nasi Goreng**  13.50
Malaysian fried rice with fresh chilli, prawn & chicken, finely chopped vegetables. (Contains; 1,2,3,4,6,14)
- *  **21. Khao Pad**  13.50
Wok fried rice with beef and finely chopped vegetables in homemade Thai paste. (Contains; 1,2,3,6,14)
- *  **22. Lana Special Fried Rice**  13.50
Fried rice with chicken, fresh chilli, coriander, crispy shallots and vegetables. (Contains; 1,3,6,14)

Soups

Chicken 7.00
Prawn 8.00

12a. Tom Yum Soup 
with your choice of meat ,mushroom, cherry tomato. (Contains; 2,4,6) 



Kids

- 43. Crispy Chicken Pieces** 8.50
With steamed rice or chips , Mild sweet sour sauce. (Contains; 3) 
- *  **44. Kids Fried Rice** 8.50
Fried rice with chicken and chopped vegetables. (Contains; 1,3,6,11,14)
- *  **45. Superhero Noodles** 8.50
Stir-fried yellow noodles with chicken and chopped vegetables. (Contains; 1,3,6,11,14)
- 46. Super Mild Chicken Curry** 8.50
Chicken with Massaman curry and steamed rice or chips. (Contains; 2,4) 








Allergens

1) Gluten [wheat, barley] 2) Crustaceans 3) Eggs 4) Fish 5) Peanuts
6) Soybeans 7) Milk 8) Tree Nuts [Cashewnut] 9) Celery 10) Mustard
11) Sesame 12) Sulphur Dioxide 13) Lupin 14) Molluscs

All of our dishes are made in a kitchen that also handling ingredients contains gluten. As with any kitchen there is a chance of cross contamination.



Sides

- Thai Prawn Crackers** (Contains; 2)  3.50
- Steamed Jasmine Rice**  3.50
- Brown Rice**  3.50
- Egg Fried Rice** (Contains; 1,3,6,7,11) 4.00
- Stir Fried Yellow Noodle** (Contains; 1,3,6,11,14) 4.50
- *  **Stir Fried Rice Noodle** (Contains; 3,6,11,14)  4.50
- Chips**  3.50
- Sweet Potato Fries**  4.50
- *  **Asian Greens** (Contains; 1,6,14) 4.50
- Japanese Edamame** (Contains; 6)  5.00
- Portion of Curry Sauce** (Contains; 2,4) 4.50

Drinks

- Coke / Diet Coke / Coke Zero** 2.50
- Fanta / 7 up** 2.50
- San Pellegrino Orange / Lemon** 2.50
- Apple / Orange Juice** 3.00
- Still / Sparkling Water** 2.50

Non-Gluten Option

The following dishes are not gluten free but can be made with **gluten free ingredients** upon your request.

Wok; Dishes number 29, 32, 35 - 39, 41, 44-45
Rices: Dishes Number 20 - 22
Noodles: Dishes Number 15 - 19

Look For;



Vegan Options

The following dishes can be made Vegan upon your request.

Noodles & Rices; Dishes number 15 - 19
Rices: Dishes Number 20 - 22
Wok; Dishes number 29-30, 36-39, 41

Look For;



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Asian Bites

- 1. Poh Pia Rolls** 7.00
With glass noodles, shredded carrot, cabbage and plum dipping sauce. (Contains: 1,3,6,7,11,14)
- 2. Hoisin Duck Rolls** 7.50
Shredded duck with Veg served with Homemade Hoisin sauce. (Contains: 1,3,6,7,11,14)
- 3. Char Grilled Chicken Skewers** 7.50
Tender Irish chicken skewers with satay dipping sauce. (Contains: 2,4,5) **GLUTEN FREE**
- 4. Crispy Wonton** 8.00
Deep fried shrimp & chicken wrapped in wonton. (Contains: 1,2,3,6,14)
- 5. Bangkok Chicken Wings** 7.50
Chicken Wings tossed in Thai dressing. (Contains: 1,2,4,6,11,14)
- 6. BBQ Pork Ribs** 8.00
Tender marinated pork ribs in homemade BBQ SAUCE. (Contains: 1,6,11,14)
- 7. Crispy Calamari** 8.00
In Peppered breadcrumbs with lime chili sauce. (Contains: 1,3,4,14)
- 8. King Prawn Rolls** 8.50
Marinated King Prawn wrapped in filo pastry with sweet chili sauce. (Contains: 1,2,3,6,7,14)
- 9. Crispy Peppered Chicken** 8.00
Tossed with salt,pepper,chilli, garlic & onion. (Contains: 3,7) **GLUTEN FREE**
- 10b. Lana Spice Box** 8.50
Crispy Chicken tossed with salt, pepper, chilli and chips. (Contains: 3,7) **GLUTEN FREE**
- 10c. Lana Vegetarian Spice Box** 7.50
Crispy tofu fried chips mixed pepper onion tossed with salt, pepper, chilli and chips. (Contains: 1,6,7)

Salads

- 11c. Thai Spicy Duck Salad** 9.00 *A Little Spicy*
Roast duck served with mixed salad and Thai chilli & lime dressing. (Contains: 4) **GLUTEN FREE**

Wok

- | | Vegetable & Tofu | 12.50 |
|--|------------------|-------|
| | Chicken or Beef | 13.50 |
| | Prawn or Duck | 13.95 |
| * 29. Crispy Sweet Chilli Chicken 13.50 | | |
| Crispy chicken with onion, mixed pepper and carrot in Thai sweet chili sauce. (Contains: 1,3,6,14) | | |
| V 30. Thai Sweet Sour Chicken 13.50 | | |
| Crispy Chicken with pineapple, onion, mixed peppers and carrot in sweet and sour sauce. (Contains: 3) GLUTEN FREE | | |
| * 32. Crispy Roast Duck 14.50 | | |
| Roast Duck Served with Asian vegetables and Plum sauce. (Contains: 1,6,14) | | |
| 34. Sambal Sauce | | |
| Wok fried mixed vegetables in our homemade sambal paste. (Contains: 1,2,6,14) | | |
| * 35. Chilli & Cashew Nut | | |
| With Mixed vegetable and cashew nuts, dry Chilli. (Contains: 1,2,4,6,8,14) | | |
| * V 36. Phad Kha Pao | | |
| With fresh garlic, chilli, onion, mushroom and sweet basil. (Contains: 1,6,14) | | |
| * V 37. Pad Prik | | |
| Pepper,onion,carrot and mushroom with blackbean sauce. (Contains: 1,6,14) | | |
| * V 38. Pad King | | |
| Ginger, peppers ,onion, carrot and spring onion fried in seasoning sauce. (Contains: 1,6,14) | | |
| * V 39. Thai Garlic & Chilli | | |
| With onion, peppers, broccoli ,homemade garlic chilli sauce. (Contains: 1,6,14) | | |
| 40. Malay BBQ Honey | | |
| Stir fried pepper, onion,carrot with Malaysian style BBQ sauce. (Contains: 1,6,11,14) | | |
| * V 41. Chilli & Thai Herbs | | |
| Stir fried chilli, Thai herbs with fine beans and basil leaves. (Contains: 1,2,6,14) | | |
| 42. Crispy Chicken Chilli Satay Sauce 13.50 | | |
| Stired onion, mixed peppers peanut in Malaysian satay sauce. (Contains: 1,2,3,4,5,6,14) | | |

Sides

Add a side to your Wok, Curry or Kids meal.
Boiled rice +€0.5, Chips +€0.5, Egg fried rice +€1,
Brown rice +€1.5, Noodles +€2

Curries

- | | Vegetable & Tofu | 12.50 |
|---|------------------|-------|
| | Chicken or Beef | 13.50 |
| | Prawn or Duck | 13.95 |
| 23. Indonesian Lamb Rendang 13.95 | | |
| Slow cooked lamb curry with potato, lemongrass, galangal, kaffir leaf. (Contains: 2,4) GLUTEN FREE | | |
| 24. Slow Cooked Beef Massaman Curry 13.95 | | |
| Slow Cooked Beef in Southern style massaman curry with potato, cashewnut and onion. (Contains: 2,4,8) GLUTEN FREE | | |
| 25. Thai Green Curry | | |
| Coconut milk, bamboo shoots, kaffir lime leaf, fresh basil, green beans and mixed peppers. (Contains: 2,4) GLUTEN FREE | | |
| 26. Thai Red Curry | | |
| Coconut milk, bamboo shoots, kaffir lime leaf, fresh basil, green beans and mixed peppers. (Contains: 2,4) GLUTEN FREE | | |
| 27. Massaman Curry | | |
| Southern style curry with onion, potato, cinnamon, cashew nuts. (Contains: 2,4,8) GLUTEN FREE | | |
| 28. Thai Panang Curry | | |
| A rich creamy curry with coconut milk, mixed peppers, lime leaves and fresh basil. (Contains: 2,4) GLUTEN FREE | | |

Sides

Add a side to your Wok, Curry or Kids meal.
Boiled rice +€0.5, Chips +€0.5, Egg fried rice +€1,
Brown rice +€1.5, Noodles +€2

Noodles

- | | Vegetable & Tofu Option | 12.50 |
|---|-------------------------|-------|
| * V 15. Pad Thai 13.50 | | |
| Flat rice noodles with chicken & prawn, vegetables and crushed peanut on the side. (Contains: 1,2,3,4,5,6,14) | | |
| * V 16. Singapore Noodles 13.50 | | |
| Vermichilli noodles, chicken & prawn and fresh vegetables fried in chili peanut paste. (Contains: 1,2,3,4,5,11,14) | | |
| * V 17. Phad Kee Mao 13.50 | | |
| Flat rice noodle with chicken & prawn, chilli paste, basil leaf and vegetable. (Contains: 1,2,3,6,14) | | |
| * V 18b. Chicken Chow Mein 13.50 | | |
| Wok fried yellow noodles with chicken fresh chill chinese leaf in homemade seasoning sauce. (Contains: 1,3,6,11,14) | | |
| * V 19. Lana Special Noodle 13.50 | | |
| Udon noodles with chicken & prawn, shallots, mixed vegetables in homemade spicy sauce. (Contains: 1,2,3,6,11,14) | | |

Staff Favorite