

LANA

— ASIAN STREET FOOD —

Asian Bites

1. Poh Pia Rolls G Eg Sy D Se Ms

Vegetables with Glass noodle served with Plum Sauce.

7
2. Hoisin Duck Rolls G Eg Sy D Se Ms

Shredded duck with Veg served with Homemade Hoisin sauce.

7.50
3. Char Grilled Chicken Skewers Cr F Pe GLUTEN FREE

Tender Irish chicken skewers with satay dipping sauce.

7.50
4. Crispy Wonton G Cr Eg Sy Ms

Deep fried shrimp & chicken wrapped in wonton served with sweet chilli sauce.

8
5. Bangkok Chicken Wings Cr G F Sy Se Ms

Chicken Wings with red onion, spring onion, carrot, coriander in Thai dressing.

7.50
6. BBQ Pork Ribs G Sy Se Ms

Tender marinated pork ribs in homemade BBQ sauce.

8
7. Crispy Calamari G Eg F Ms

In Peppered breadcrumbs with lime chili sauce.

8
8. King Prawn Rolls G Cr Eg Sy D Ms

Marinated King Prawn wrapped in filo pastry with sweet chili sauce.

8.50
9. Crispy Peppered Chicken Eg D GLUTEN FREE

Crispy Chicken tossed with salt, pepper, chilli, garlic, red onion, carrot, spring onion & coriander.

8.50
- 10a. Gyoza G Sy Se

Grill Chicken dumpling served with Japanese soy sauce.

8

Wok

Lunch | Dinner

- 29a. Crispy Sweet Chilli Chicken G Eg Sy Ms

Crispy chicken with onion, mixed peppers and carrot in Thai sweet chili sauce.

13.50 | 15.50
30. Thai Sweet & Sour Chicken Eg GLUTEN FREE

Crispy Chicken with pineapple, onion, mixed peppers and carrot in sweet and sour sauce.

13.50 | 15.50
31. Thai Lemon Chicken G Eg Sy Ms

Lightly coated breaded chicken served in homemade Lemon Sauce and mixed vegetables.

13.50 | 15.50
32. Crispy Roast Duck G Sy Ms

Roast Duck Served with Asian vegetables and Plum sauce.

14.50 | 15.95
33. Japanese Teriyaki Chicken G Sy Ms

Grilled Fresh chicken with Mixed Vegetables served with Japanese Teriyaki Sauce.

13.50 | 15.50
34. Sambal Sauce G Cr Sy Ms

Wok fried mixed vegetables in our homemade sambal paste.
35. Chilli & Cashew Nut G Cr F Sy Tn Ms

With Mixed vegetable and cashew nuts, dry Chilli.
36. Pad Kha Pao G Sy Ms

With fresh garlic, chilli, onion, mushroom, carrot, mixed peppers, and sweet basil.
37. Pad Prik G Sy Ms

Mixed pepper, onion, carrot and mushroom with black bean sauce.
38. Pad King G Sy Ms

Ginger, mixed peppers ,onion, carrot and spring onion fried in seasoning sauce.
39. Thai Garlic & Chilli G Sy Ms

With onion, mixed peppers, broccoli , carrot and homemade garlic chilli sauce.
40. Malay BBQ Honey G Sy Se Ms

Stir fried mixed pepper, onion, carrot in Malaysian style BBQ sauce.
41. Chilli & Thai Herbs G Cr Sy Ms

Stir fried chilli, carrot, mixed pepper, Thai herbs with fine beans and basil leaves.
42. Crispy Chilli Satay Chicken G Cr Eg F Sy Ms

Stir fried onion, carrot, mixed peppers, peanuts in Malaysian satay sauce.

13.50 | 15.50

Curries

Lunch | Dinner

23. Indonesian Lamb Rendang G Cr F GLUTEN FREE

Slow cooked lamb curry with potato, lemongrass, galangal, kaffir leaf.

13.95 | 15.95
24. Slow Cooked Beef Massaman Curry Cr F Tn GLUTEN FREE

Slow cooked beef in southern style massaman curry with potato, cashew nut and onion.

13.95 | 15.95
25. Thai Green Curry G Cr F GLUTEN FREE

Coconut milk, bamboo shoots, kaffir lime leaf, fresh basil, green beans and mixed peppers.
26. Thai Red Curry G Cr F GLUTEN FREE

Coconut milk, bamboo shoots, kaffir lime leaf, fresh basil, green beans and mixed peppers.
27. Massaman Curry Cr F Tn GLUTEN FREE

Southern style curry with onion, potato, cinnamon, cashew nuts.
28. Thai Panang Curry G Cr F GLUTEN FREE

Rich creamy curry with coconut milk, mixed peppers, lime leaves and fresh basil.

Ask About Our Chef Special

Dinner is served daily From 5.30pm

Served with a Choice of...

Lunch | Dinner

VEGETABLE & TOFU	12.50 13.50	CHICKEN	13.50 15.50	BEEF	13.50 15.50	PRAWN	13.95 15.95	DUCK	13.95 15.95
Add a side to your Wok, Curry, Kids or Fish meals.									
Steamed rice +€0.5, Chips +€0.5, Egg fried rice +€1, Brown rice +€1.5, Noodles +€2									

Fish

Lunch | Dinner

47. Grill Seabass G F Sy Ms

Grill Seabass with mix vegetables in garlic chilli sauce.

15.95 | 17.95
48. Ginger Boy Fish G Eg F Sy Ms

Stir-fried Battered catch of the day with mix vegetables in ginger soy sauce.

15.95 | 17.95
49. Panang Fish Curry G Cr Eg F GLUTEN FREE

Fish in coconut milk with mixed herb and vegetables.

15.95 | 17.95

Rices

Lunch | Dinner

20. Nasi Goreng G Cr Eg F Sy Ms

Malaysian fried rice with fresh chilli, prawn & chicken, finely chopped vegetables.

13.50 | 15.50
21. Khao Pad G Cr Eg Sy Ms

Wok fried rice with beef and finely chopped vegetables in homemade Thai paste.

13.50 | 15.50
22. Lana Special Fried Rice G Eg Sy Ms

Fried rice with chicken, fresh chili, coriander, crispy shallots and vegetables.

13.50 | 15.50

Salads

- 11a. Grill Chicken Salad G F GLUTEN FREE

Grill Chicken served with mixed salad and Thai chilli & lime dressing.

9
- 11b. Larb Duck G Cr F GLUTEN FREE

Crispy Roast Duck with lemongrass, lime leaves, roasted rice and shallots.

9
- 11c. Thai Spicy Duck Salad G F GLUTEN FREE

Roast duck served with mixed salad and Thai chilli & lime dressing.

9

Noodles

Lunch | Dinner

15. Pad Thai

Staff Favourite

G

Cr

Eg

F

Pe

Sy

Ms

13.50 | 15.50

Flat rice noodles with chicken & prawn, vegetables and crushed peanut on the side.
16. Singapore Noodles

G

Cr

Eg

F

Pe

Sy

Se

Ms

13.50 | 15.50

Vermicelli noodles, chicken & prawn and fresh vegetables fried in chili peanut paste.
17. Phad Kee Mao

G

Cr

Eg

Sy

Ms

13.50 | 15.50

Flat rice noodles with chicken & prawn, chilli paste, basil leaf and vegetable.
18. Chicken Chow Mein

G

Eg

Sy

Se

Ms

13.50 | 15.50

Wok fried Yellow noodles with chicken fresh chilli Chinese leaf in homemade seasoning sauce
19. Lana Special Noodles

G

Cr

Eg

Sy

Se

Ms

13.50 | 15.50

Udon noodles with chicken & prawn, shallots, mixed vegetables in homemade spicy sauce.

Noodle Soups

Lunch | Dinner

13. Vietnam Beef Pho Noodle Soup

G

Sy

13.50 | 15.50

Beef, flat rice noodles, spring onion, coriander, bean sprouts in Vietnamese style broth.
14. Singapore Laksa Curry Noodles

G

Cr

Eg

Sy

Se

Ms

13.50 | 15.50

Homemade Laksa curry with Chicken & Prawn, Ramen Noodles, tofu and mix vegetables.

Kids Corner

43. Crispy Chicken Pieces

Eg

GLUTEN FREE

8.50

With steamed rice or chips, Mild sweet sour sauce.
44. Kids Fried Rice

G

Eg

Sy

Ms

8.50

Fried rice with fried egg, chicken and chopped vegetables. (Vegan Alternative Available)
45. Superhero Noodles

G

Eg

Sy

Se

Ms

8.50

Stir-fried noodles with fried egg, chicken and chopped vegetables. (Vegan Alternative Available)
46. Super Mild Chicken Curry

Cr

F

GLUTEN FREE

8.50

Chicken with Massaman curry and steamed rice or chips.

Soups

Chicken | Prawn

- 12a. Tom Yum Soup

Cr

F

Sy

GLUTEN FREE

7 | 8

with your choice of meat, mushroom, cherry tomato and coriander.
- 12b. Tom Kha Soup

Cr

F

Sy

GLUTEN FREE

7 | 8

Coconut soup with your choice of meat, Thai herbs, mushroom, onion.

Sides

- Thai Prawn Crackers

Cr

GLUTEN FREE

3.50
- Steamed Jasmine Rice

GLUTEN FREE

3.50
- Brown Rice

GLUTEN FREE

3.50
- Egg Fried Rice

G

Eg

Sy

D

Se

4.00
- Stir Fried Yellow Noodles

G

Eg

Sy

Se

Ms

4.50
- Stir Fried Rice Noodles

Eg

Sy

Se

Ms

GLUTEN FREE

4.50
- Chips

GLUTEN FREE

3.50
- Sweet Potato Fries

GLUTEN FREE

4.50
- Asian Greens

G

Sy

Ms

4.50
- Japanese Edamame

Sy

GLUTEN FREE

5.00
- Portion of Curry Sauce

Cr

F

4.50

   @LANAAsianStreetFood

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Take a picture and tag us on social

#EatWellEatLANA

#ItsLANAThing

#LipLickingGoodness

Vegan Menu

Lunch | Dinner

- Vegan Pad Thai Noodles

Pe

Sy

12.50 | 13.50

Flat rice noodles with fresh vegetables and crushed peanut on the side.
- Vegan Singapore Noodles

Pe

Sy

Se

12.50 | 13.50

Vermichilli noodles with fresh vegetables fried in chili peanut paste.
- Vegan Phad Kee Mao

Cr

F

Sy

12.50 | 13.50

Flat rice noodle with chilli paste, basil leaf and vegetable.
- Vegan Chow Mein

G

Sy

12.50 | 13.50

Wok fried noodles with fresh chill Chinese leaf in homemade seasoning sauce
- Vegan Lana Special Noodle

Cr

Sy

12.50 | 13.50

Udon noodles with shallots, mixed vegetables in homemade spicy sauce.
- Vegan Nasi Goreng

Cr

Sy

12.50 | 13.50

Malaysian fried rice with fresh chilli, finely chopped vegetables.
- Vegan Khao Pad

Cr

Sy

12.50 | 13.50

Wok fried rice with finely chopped vegetables in homemade Thai paste.
- Vegan Lana Special Fried Rice

Cr

Sy

12.50 | 13.50

Fried rice with fresh chili, coriander, crispy shallots and vegetables.
- Vegan Chilli & Thai Herbs

Cr

F

Sy

12.50 | 13.50

Stir fried chilli, Thai herbs with fine beans and basil leaves.
- Vegan Sweet Chilli

Cr

Sy

12.50 | 13.50

With onion, mixed pepper and carrot in Thai sweet chili sauce.
- Vegan Thai Sweet & Sour

Cr

F

Sy

12.50 | 13.50

With pineapple, onion, mixed peppers and carrot in sweet and sour sauce.
- Vegan Pad Kha Pao

Cr

F

Sy

12.50 | 13.50

With fresh garlic, chilli, onion, mushroom and sweet basil.
- Vegan Pad Prik

Sy

12.50 | 13.50

Pepper, onion, carrot and mushroom with black bean sauce.
- Vegan Pad King

Sy

12.50 | 13.50

Ginger, peppers ,onion, carrot and spring onion fried in seasoning sauce.
- Vegan Thai Garlic & Chilli

Cr

F

Sy

12.50 | 13.50

With onion, peppers, broccoli, homemade garlic chilli sauce.

Tofu is available upon request

Drinks

- Coke / Diet Coke / Coke Zero / Fanta / 7 up / 7 up Free

2.50
- San Pellegrino Orange / Lemon

2.50
- Apple / Orange Juice

3.00
- Still / Sparkling Water

2.50

Hot Drinks

- Flat White / Latte / Cappuccino

3.50
- Americano / Espresso

3.50
- Jasmine Tea

3.50
- Peppermint Tea

3.50
- Green Tea

3.50
- BreakFast Tea

3.50

Beer

- Asahi (Japan)

6
- Tiger (Singapore)

6
- Singha (Thailand)

6

Allergen Information

- Cr

Crustaceans
- Ms

Molluscs
- Sy

Soybeans
- Eg

Eggs
- F

Fish
- Se

Sesame
- Lu

Lupin
- Ce

Celery
- Pe

Peanuts
- Tn

Tree Nuts (Cashewnut)
- SO₂

Sulphur Dioxide
- D

Dairy
- G

Gluten (Wheat, barley)
- Mu

Mustard

All of our dishes are made in a kitchen that also handling ingredients contains gluten. As with any kitchen there is a chance of cross contamination.

Non Gluten Options

Some of our dishes are not gluten free but can be made with **gluten free ingredients** upon your request. 